OUTPOST TRIP PLANNING LIST

The following are recommended checklists to provide you with guidelines in packing for your trip. Please pack your personal gear in canvas or nylon duffle bags and pack your groceries and beverages in sturdy boxes or coolers. Please do not use plastic or paper bags.

	FOOD		EQUIPMENT		PERSONAL CARE
	Fresh eggs		Fishing tackle		Scouring pads
	Bacon, sausage		Camera		Dish soap, dish towels, dish cloth
	Pancakes, French toast		Cooler		Garbage bags
	Hot & cold cereals		Flashlight		Paper towels
	Luncheon meats, cheese				Oven mitts
	Chili, soups, crackers				Sleeping bag
	Bread, buns				Pillow
	Steak, chicken, pork chops				Toilet paper
	Hamburgers, hotdogs		**SAFETY**		Bar soap, bath towels, face cloths
	Spaghetti, macaroni		Insect repellent		
	Potatoes, rice		First aid kit		
	Canned vegetables		Sunglasses		**CLOTHING**
	Corn, beans, onions		Life jacket		Boots & runners
	Fruit		Sunscreen lotion		Cotton & wool socks
	Breakfast drink		Candles		Light jacket or sweater
	Coffee, tea		Matches		Rain gear & wind breaker
	Cocoa, dry milk				Sturdy trousers
	Cooking oil				Long sleeved shirts
	Salt & pepper				Hat or cap
	Sugar				Additional change of clothes
	Fish breading				Long underwear (cooler season)
	Peanut butter, jelly				Gloves & rubber boots (cooler season)
	Syrup				Wool cap (cooler season)
	Margarine, butter				
	Ketchup, mustard				
	Mayonnaise, salad dressing				
	Kool-Aid, soda				
	Desserts, Jell-O, apple sauce				
	Cookies, snacks, candy				
	Beer, liquor				