



Elite Menu

2017

Please enter a **1** next to each meal you'd like; or, if you'd like a meal multiple times, enter **2** for twice, **3** for three times, etc. The menu will be adjusted according to the number of people in the group. Most trips depart after breakfast and return before supper, so these meals are not packed unless requested.

Trip Leader	Your Name		Your Phone Number		
			# of people in group		
BREAKFASTS		LUNCHES		DINNERS	
	Fresh Eggs Bacon, juice, coffee, tea, cocoa		Summer Sausage and Cheese Pitas Granola bar, mustard, ketchup, fruit drink		Fresh Frozen Beef Steak Fresh potatoes, fresh onions, beverage
	French Toast Bacon, juice, margarine, beverage		Peanut Butter and Jelly with Bread Chocolate bar, fruit punch		Fresh Frozen Ham Steak Mashed potatoes, vegetable, beverage
	Muffin and Oatmeal Coffee, tea, cocoa		Bagels, Cream Cheese and Salsa Gorp, fruit drink		Freeze-Dried 3 Cheese Lasagna 3-berry crumble dessert
	Blueberry Pancakes Syrup, margarine, beverage		Bean and Nacho Wraps Dried fruit, chocolate bar, fruit drink		Freeze-Dried Chicken & Rice Vegetable, pudding dessert
	Freeze-Dried Omelet Hash browns, juice, beverage		Hudson Bay Bread Peanut butter, gorp, fruit drink		Fish Dinner Pack Hash browns, soup, lemon juice, breading, tartar sauce
	Raspberry or Strawberry Granola Dry milk, beverage		Kernel's Corn Chowder Crackers, dried fruit, beverage		Spicy Sausage Pasta Vegetable, dessert
	Cinnamon Pancakes Syrup, juice, dried fruit		Dry Salami & Tortillas Colby cheese, gorp, beverage		Freeze Dried Pepper Steak & Rice Chocolate pudding, beverage
STAPLES		Fruit Drinks	Peanut Butter	Mustard	Fire Starters
Please indicate which staples you'd like by entering a Y for yes ; if you would like extra amounts, please enter an E for extra . If you don't want an item, please enter an N for no .		Tea Bags	Jam	Ketchup	Toilet Paper
		Instant Coffee	Margarine	Cooking Oil	J-Cloth
		Coffee Mate	Salt	Onions	Paper Towels
		Hot Chocolate	Pepper	Potatoes	S.O.S. Pads
SPECIAL REQUESTS		Regular Coffee	Seasoned Salt	Cookies	Scotch-Brite Pad
		Dry Milk	Sugar	Hard Candy	Liquid Soap
		Cup O'Soup	Real Lemon	Dried Fruit	Oven Mitt/Glove
		Bread	Garlic Powder	Marshmallows	Cloth Dish Towel
		Tortillas	Fish Breading	Waterproof Matches	QUESTIONS? 1 877 597-6418
		Pitas	Tartar	Tinfoil	